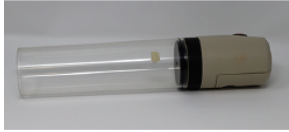
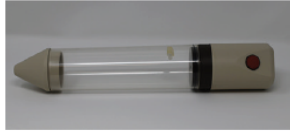


STEP-BY-STEP VED INSTRUCTIONS

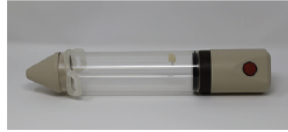


Step 1: Attach the pump head to the cylinder tube to the side closest to the air release valve.



Step 2: Attach the cone to the opposite side of the cylinder.

Adaptor Bushings are pre-inserted, please remove them, then sit cone on your cylinder.



Step 3: Choose the "B" size ring. Slide the constriction ring over the loading cone onto the cylinder. Using water-based lubricant on the tip of the cone will help slide the ring onto the cylinder easier. Then remove cone.



Step 4: Insert adaptor bushings if needed. Two adaptor bushings are provided to fit different size users.



Step 5: Locate the air release valve. Push the air valve in prior to use. This will help statically connect the valve to the tube and not allow air to release prematurely.



Step 6: Apply water-based lubricant to the base of the penis and to the inside of the cylinder tube/adaptor bushings. This will help with forming a good vacuum seal and prevent the penis from sticking to the sides of the cylinder. Trimming pubic hair is recommended.



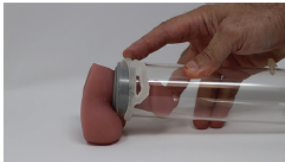
Step 7: Insert the penis into the cylinder tube and apply slight pressure towards the body. Standing up will help produce the best results.



Step 8: Press the cylinder towards the body and start to pump.

If using the manual head pump – hold the cylinder with one hand and press down on the head pump with the other hand (towards the body) to create vacuum in the cylinder. Two to four pumps will create a low-level vacuum seal against your body. Wait 2-4 seconds while keeping the pump on your body and allow your body to naturally pull in blood flow. Repeat steps 4-5 times, until erection is obtained.

If using the battery head pump – hold the cylinder with one hand and press the power button on the head pump with the other hand for 2-4 seconds to create a low-level vacuum seal against your body. Wait 2-4 seconds while keeping the pump on your body and allow your body to naturally pull in blood flow. Repeat steps 4-5 times, until erection is obtained.



Step 9: As soon as the desired erection is created. Slide the constriction ring off of the cylinder tube, and onto the base of the penis. **Do not wear the constriction ring for more than 30 minutes.**



Step 10: Any vacuum pressure remaining can be easily depressed by pressing the air release valve down (towards the body) to release air pressure.

Erection is maintained with the rings (maximum of 30 minutes.)

Afterwards, remove the constriction ring by pulling tabs out and away from the body.

Helpful Hint:

Select the appropriate size ring. For the first trial, choose the middle size ring. For future trials, select larger ring if too tight at first trials, or small ring if erection is lost prematurely at first trial.

Practice using a VED system is important. Finding the proper method per user may take a few weeks.

